

RISK ASSESSMENT: Adventure Course

Completed by: Activities Management Team

Date: 18/12/2025

Review Date: 18/12/2026

What is the Hazard?	Who may be harmed?	How might people be harmed?	Risk Rating			Control Measures in Place	Remaining Risk		
			Probability	Severity	Risk		Probability	Severity	Risk
Slips, Trips and Falls	All	Cuts, bruises and grazes. Sprains, strains and breaks. Concussion.	3	4	12	<ul style="list-style-type: none"> All participants are instructed to wear appropriate footwear. Participants warned about exposed tree roots and potential hazards. Participants warned to take extra care when elements are wet or muddy 	1	4	4
Exposure/ Hypothermia and Sunburn	All	Sunburn, high temperature and dehydration.	3	3	9	<ul style="list-style-type: none"> Staff and participants must wear suitable clothing for the activity. Staff and participants to drink plenty of water. Sun cream worn when needed. 	1	3	3
Group Behaviour	All	Loss of control of the group, participants being distracted/ not listening.	3	3	9	<ul style="list-style-type: none"> Group leaders are to ensure that the group is under control at all times. Instructor is to stop the session if the participant's behaviour becomes dangerous. Instructor to check with group leader at the start of the session for any neurodiverse participant's and make sure control measures are in place to appropriately manage their needs. 	1	3	3
Unauthorised Access	All	Cuts, bruises and grazes. Strains, sprains and breaks.	3	4	12	<ul style="list-style-type: none"> Clear signs to be posted at all access points stating, "No Admittance to Unauthorised Persons". All access points to be locked when the activity is not in use. 	1	4	4
Falling Off the Elements	All	Cuts, bruises and grazes. Strains, sprains and breaks. Concussion.	3	4	12	<ul style="list-style-type: none"> All participants are shown or told how to use the equipment and / or structures safely. No one is to be on the elements until the instructor has said they can start. Appropriate supervision of participants when using the elements. 	1	4	4
Equipment /Structure Failure	All	Cuts, bruises, grazes. Sprains, Strains breaks. Concussion.	3	4	12	<ul style="list-style-type: none"> All equipment is inspected periodically and anything faulty is removed from use immediately, recorded and repaired or replaced. All equipment is visually checked by the instructor prior to being used. Items deemed to be faulty are removed from use immediately, logged and placed in the quarantine bin. As per policy 5.3 faulty or damaged equipment. 	1	4	4

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Tree Branches	All	Injury from overhanging branches	2	4	8	<ul style="list-style-type: none"> Trees within the compound should be inspected for visual damage/defects before each use. Wooded areas of site to be inspected after high winds and/or storms and routinely inspected by a qualified arborist. 	1	4	4

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Level	Likelihood Factor	Severity Description
1	Very Unlikely	Insignificant – No injury or No First Aid required.
2	Unlikely	Minor – Minor injuries requiring first aid such as cuts, grazes, bruising.
3	Fairly Likely	Moderate – Injuries resulting in up to three days' absence from work.
4	Likely	Major – Injuries resulting in a week or more absence from work, for example broken bones, deep cut etc.
5	Very Likely	Catastrophic – Amputations or Death.

Remaining Risk Level	Description
1-5	Very low, minimal risk, control measures more than adequate
5-10	Low, control measures satisfactory
10-15	Medium, control measures adequate
15-20	High, control measures need further consideration
20-25	Very high, intolerable, stop Job