

RISK ASSESSMENT: Frisbee Golf

Completed by: Activities Management Team

Date: 18/12/2025

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What is the Hazard?	Who may be harmed?	How might people be harmed?	Risk Rating			Control Measures in Place	Remaining Risk		
			Probability	Severity	Risk		Probability	Severity	Risk
Slips, Trips and Falls	All	Cuts, bruises and grazes.	3	2	6	<ul style="list-style-type: none"> All participants are instructed to wear appropriate footwear. Participants warned about exposed tree roots and potential hazards. 	1	2	2
Exposure/ Hypothermia and Sunburn	All	Sunburn, high temperature and dehydration.	1	2	2	<ul style="list-style-type: none"> Participants urged to make sure they have suitable clothing prior to the activity. Participants to drink plenty of water. Sun cream to be applied when needed. 	1	2	2
Group Behaviour	All	Loss of control of the group, participants being distracted/not listening.	2	2	4	<ul style="list-style-type: none"> Group leaders are to ensure that the group is under control at all times. Group leader to stop the session if participant's behaviour becomes dangerous. 	1	2	2
Adverse Weather	All	See 'Exposure'	2	3	6	<ul style="list-style-type: none"> Advice is given on what to do in the occurrence of adverse weather. Participants are advised to wear suitable clothing for weather conditions. Refer to 'Adverse Weather' policy. 	1	3	3
Injuries to a Lone Group Member	All	Not being able to receive help whilst injured.	2	3	6	<ul style="list-style-type: none"> In the event of a party member getting injured at least one person is to stay with the injured member while the rest of the group goes for help. Group leader is to deal with first aid, help is available from reception. 	1	3	3
Participants Getting Lost	All	Emotional distress and not being able to receive help whilst injuries.	2	2	4	<ul style="list-style-type: none"> Group leaders are told about the site having boundary fences around the whole site and they are to stay on site. There is no need to go off site for this activity. Younger participants are advised to have adults in the group. The group are given a Frisbee Golf map on back of score sheet. 	1	2	2

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			Probability	Severity	Risk		Probability	Severity	Risk
Equipment Failure	All	Cuts, Lacerations, Death	3	5	15	<ul style="list-style-type: none"> All equipment is inspected periodically and anything faulty is removed from use immediately, recorded and repaired or replaced. 	1	5	5
Retrieving Lost or stuck	All	Falling from height, lost if cross boundary fence, scratches, abrasions	3	2	6	<ul style="list-style-type: none"> Participants briefed to only retrieve stuck or lost frisbees if it is safe to do so. Group leader to monitor group at all times. • 	1	2	2

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Level	Likelihood Factor	Severity Description
1	Very Unlikely	Insignificant – No injury or No First Aid required.
2	Unlikely	Minor – Minor injuries requiring first aid such as cuts, grazes, bruising.
3	Fairly Likely	Moderate – Injuries resulting in up to three days' absence from work.
4	Likely	Major – Injuries resulting in a week or more absence from work, for example broken bones, deep cut etc.
5	Very Likely	Catastrophic – Amputations or Death.

Remaining Risk Level	Description
1-5	Very low, minimal risk, control measures more than adequate
5-10	Low, control measures satisfactory
10-15	Medium, control measures adequate
15-20	High, control measures need further consideration
20-25	Very high, intolerable, stop Job