

RISK ASSESSMENT: Hike Route

Completed by: Activities Management Team

Date: 18/12/2025

Review Date: 18/12/2026

What is the Hazard?	Who may be harmed?	How might people be harmed?	Risk Rating			Control Measures in Place	Remaining Risk		
			Probability	Severity	Risk		Probability	Severity	Risk
Slips, Trips and Falls	All	Cuts, bruises and grazes	3	2	6	<ul style="list-style-type: none"> All participants are instructed to wear appropriate footwear. Participants warned about potential hazards. A suitable route should be chosen for the group by the instructor depending on the group's age and ability. All members of the group should be equipped with a torch when there is a possibility of darkness. 	1	2	2
Exposure/ Hypothermia and Sunburn	All	Sunburn, high temperature and dehydration.	2	2	4	<ul style="list-style-type: none"> Staff and participants must wear suitable clothing during the activity. Staff and participants to drink plenty of water. Staff carry spare water for group if needed. Sun cream applied when needed. 	1	2	2
Group Behaviour	All	Loss of control of the group, participants being distracted/ not listening.	2	2	4	<ul style="list-style-type: none"> Group leaders are to ensure that the group is under control at all times. Instructor is to stop the session if the participant's behaviour is dangerous. Instructor to check with group leader at the start of the session for any neurodiverse participant's and make sure control measures are in place to appropriately manage their needs. 	1	2	2
Group Getting Lost	All	Participant's offsite unable to locate themselves and return to Ferny Crofts.	3	2	6	<ul style="list-style-type: none"> Instructors are trained and assessed by a senior member of the activities team. Instructors should be equipped with maps of the area and be able to locate themselves on it. Instructor to carry a radio with them, and a radio left at site with a designated responsible person. Instructor to have a charged mobile phone on them. 	1	2	2
Loss of Group Member	All	Participant unable to locate themselves or call for help	3	4	12	<ul style="list-style-type: none"> Instructors positioned at the front and back of the group to prevent participants running ahead and/or falling behind. Instructors are to perform regular head counts and have responsible persons at the front and tail of the group. Group leaders to be spread amongst the group. 	1	4	4

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Contact with Other Road or Track Users	All	Participants hit by road or track users. Wildlife could charge, bite or kick.	3	5	15	<ul style="list-style-type: none"> Instructor is to remain in control of the group during crossing roads, ensuring that it's done in a safe manner. Where possible road walking to be kept to a minimum. Instructors to wear High Visibility Jackets to be clearly seen. Instructors to coordinate the crossing of any roads. When passing grazing animals, noise must be kept to a minimum and a good distance kept between the group and animals being respectful to them. Safety brief given at the start of the session about how to deal with these hazards. Participants to be reminded when necessary. 	1	5	5
Stings, Bites from Insects and Plants	All	Stings, bites, rash. Allergic reaction.	3	2	6	<ul style="list-style-type: none"> Group to wear appropriate clothing. Group leaders to be aware of existing medical conditions Group leader to be aware of ticks, avoid long grass where possible. 	2	2	4
Adverse Weather	All	See 'Exposure'	2	2	4	<ul style="list-style-type: none"> Refer to 'Adverse Weather' policy. Staff and participants to wear clothing appropriate to the weather. 	1	2	2
Remote incident	All	Injuries	2	4	8	<ul style="list-style-type: none"> Staff to hold valid 16hr Outdoor First Aid Qualification There must be a first aid kit to hand What 3 Words or OS Locate or similar to be installed on the instructors device to aid description of location 	2	2	4
Reaction from Stings/Bites	All	Allergic reaction to sting or bite, anaphylactic shock.	3	5	12	<ul style="list-style-type: none"> Any relevant medication to be carried during the activity. Group leaders to be aware of existing medical conditions. Wasps/wasp nests to be avoided where possible and participants warned. 	2	5	10

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Level	Likelihood Factor	Severity Description
1	Very Unlikely	Insignificant – No injury or No First Aid required.
2	Unlikely	Minor – Minor injuries requiring first aid such as cuts, grazes, bruising.
3	Fairly Likely	Moderate – Injuries resulting in up to three days' absence from work.
4	Likely	Major – Injuries resulting in a week or more absence from work, for example <u>broken bones, deep cut etc.</u>
5	Very Likely	Catastrophic – Amputations or Death.

Remaining Risk Level	Description
1-5	Very low, minimal risk, control measures more than adequate
5-10	Low, control measures satisfactory
10-15	Medium, control measures adequate
15-20	High, control measures need further consideration
20-25	Very high, intolerable, stop Job